

Incentives & Motivation



Age-appropriate incentives are offered initially, to motivate participation.

Incentives can be pre-arranged with parents, or in individual sessions with consumer.

Participants provide input into suggestions, of what type of incentives motivate them.



Hope ~ Education ~ Recovery

20 S. Third Street

Columbus, OH 43215

Phone: 614-726-1485

Fax: 877-564-4386

Email: admin@rhcaqa.com

Website: www.rhcaoh.com



2020 ~ 2023

A NEW WAY OF LIFE

A RISING HOPE COMPANY

Hope ~ Education ~ Recovery

**Therapeutic Behavioral
Solutions Program
for
Children, Adolescents and
Transitioning Youth
Ages 5-21**

Serving Franklin County, OH



The Therapeutic Behavioral Solutions Program (TBS)

The Therapeutic Behavioral Solutions Program is designed to provide brief, targeted solutions to a myriad of mental health issues that are frequently present in children.

The program focuses on four clinical areas:

- Attention Deficit Hyperactivity Disorder
- Conduct Disorder
- Anxiety
- Depression

The sessions are tailored to specific disorders and symptomology and can be combined to meet the child's needs, interrupting negative thought patterns, developing healthy relationships, and creating a mind-body connection. Within each module are four content areas tailored to the specific disorder: Cognitive Skills, Relationship Coaching, Competency Building and Brain-Based Learning.



TBS Module Content Areas

Cognitive Skills: Activities that focus on recognizing symptoms, determining the impact of negative thinking patterns, and enhancing memory strategies

Relationship Coaching: Activities that focus on the development of pro-social behavior, building alliances, and improving interpersonal relationships

Competency Building: Activities that target emotional regulation, realistic thinking, coping, and problem solving

Brain-Based Learning: Activities that focus on developing mind-body connection, finding motivation, and developing healthy mental and physical habits



Accepted Insurances



Admission Criteria

To enroll, the consumer and parent or guardian must, at a minimum:

- Be between the ages of 5-21
- Meet medical necessity
- Be willing to participate in services

